

M.A.N.

The Men At NAIT (M.A.N.) Program

Who

Looking: for participants whose gender identity, expression and/or sex aligns with male-ness, man-ness, and masculinity.

What

The Men At NAIT (M.A.N.) program is an intensive eight-week experience exploring, deconstructing, and rethinking masculinity. Facilitated dialogues will encourage and challenge participants to critically examine their masculinity in the context of the campus community, examine their systemic connections to gender-based violence, and create personal definitions and counter narratives to dominant masculinity.

When

- January 30 – March 27 (Wednesdays, *except for February 20 due to Reading Week*)
- 4:30 P.M. to 7:00 P.M.
- Students ONLY

SIGN UP TODAY! Visit nait.ca/ask4consent and complete the self-nomination form. Space is limited and participants must attend all 8 meetings.

Please contact: studentengagement@nait.ca for more information



Outline

Session	Themes
1. What it means to be a man	Gender Box, establishing trust
2. Through strength and grit	Emotions, Vulnerability, Resilience and Strength
3. A man of many	Sex. Healthy Relationships, Pornography
4. Man in the arena	Sports, Male Privilege, Diverse experiences,
5. In a mirror, darkly	Sexual Assault, Sexual Harassment, Rape Culture,
6. Ready for some action	Disrupting Rape Culture, Consent, Helping
7. A brother to others	Talking to other men, complicity and change
8. Be prepared	Commitments, Integrity, Reflections

Sessions are comprised of activities, responding to media, journaling and facilitated intergroup dialogue.



This is an initiative of NAIT's ask4consent initiative. For more information on consent, what you can do to help and how to seek help, please visit nait.ca/ask4consent.